

AUGUST-2009



WEST FRESHMEN FOOTBALL

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 OFF
2	3 OFF	4 OFF	5 OFF	6 OFF	7 OFF	8 OFF
9	10 Parent Meeting Auditorium 7pm	11 Equipment Handout 10-noon	12 Practice 6:30-11am	13 Practice 6:30-11am	14 Practice 6:30-11am	15 Practice 6:30-11am
16	17 Practice 3:30-5:30pm	18 Practice 3:30-5:30pm	19 Practice 3-5pm	20 Practice 3-5pm	21 Scrimmage TBA	22 Afternoon TEAM BUILDING
23	24 Practice 3-5pm	25 Practice 3-5pm	26 Practice 3-5pm	27 Practice 3-5pm	28 Practice 3-4:30pm	29 Game Vs Champaign Central 9:30am
30	31 Practice 3-5pm					